

## EXECUTIVE SUMMARY

### **Healthy California 2010: Progress in Achieving Healthy People 2010 Objectives, 2000-2005**

One of the most compelling lessons learned from monitoring and tracking California's progress in achieving the *Healthy People 2000* objectives was that although dramatic progress has been made in many areas, we still had a long way to go toward realizing the goals of increasing the span of healthy life, reducing health disparities, and achieving access to preventive services for all Californians.

*Healthy People 2010: Understanding and Improving Health* provides us with an agenda for addressing these and other new health issues, reversing unfavorable trends, and expanding on past achievements in disease prevention and health promotion. As a focused research and planning instrument, *Healthy People 2010* (HP2010) is designed to achieve two overarching goals: 1) to increase quality and years of healthy life; and 2) to eliminate health disparities.

This progress report summarizes 70 health objectives in 13 Focus Areas and represents the "first circle" of Healthy California 2010 monitoring, using data that the Center for Health Statistics has direct access to. Objectives included in this report were selected on the basis of the comparability of data used in the HP2010 operational definitions. Since less than 15% of the total number of objectives are included in this reporting, and since many of the Focus Areas are not represented, any characterization of California's progress should be qualified accordingly.

The *Healthy People 2010* objectives monitored by this report are summarized on the following pages, showing the HP2010 target, the latest statewide rate for California, and whether the objective is being achieved for all Californians and for selected subpopulations by gender and by race-ethnicity.

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**Healthy People 2010 objectives achieved for the total California resident population as of 2005 include reductions in:**

1-9a	Pediatric asthma hospitalizations
1-9b	Uncontrolled diabetes hospitalizations
1-9c	Pneumonia and influenza hospitalizations (ages 65 & over)
3-2	Lung cancer deaths
3-6	Oropharyngeal cancer deaths
3-7	Prostate cancer deaths
3-8	Melanoma cancer deaths
12-1	Coronary heart disease deaths
15-28b	Hip fracture hospitalizations (males aged 65 & over)
16-1g	Infant deaths due to congenital heart and vascular defects
16-3a	Adolescent deaths (ages 10-14)
16-5a	Complications of hospitalized labor and delivery
16-11b	Preterm births (32-36 completed weeks gestation)
24-1e	Asthma deaths (ages 65 & over)
24-2a	Asthma hospitalizations (ages under 5)
24-2b	Asthma hospitalizations (ages 5-64)

**Objectives not achieved, but moving toward the HP2010 target include:**

1-1	Health insurance coverage for persons under age 65
3-1	All cancer deaths
3-3	Female breast cancer deaths
3-4	Cervical cancer deaths
3-5	Colorectal cancer deaths
12-6a-c	Congestive heart failure hospitalizations
12-7	Stroke deaths
13-14	HIV infection deaths
14-17	Peptic ulcer hospitalizations
15-28	Hip fracture hospitalizations (females aged 65 & over)
16-2a	Child deaths (ages 1-4, 5-9)
16-6a	Early prenatal care
24-10	COPD deaths (ages 45 & over)
26-2	Cirrhosis deaths

**Objectives not achieved, and moving away from the HP2010 target include:**

2-10	Vertebral fracture hospitalizations (ages 65 & over)
5-5	Diabetes-related deaths
15-1	Nonfatal head injury hospitalizations
15-8	Poisoning deaths
15-13	Unintentional injury deaths
15-27	Fall-related deaths
16-9a,b	Primary and repeat Cesarean section deliveries among low-risk births
16-10a,b	Low birth weight and very low birth weight births
24-2c	Asthma hospitalizations (ages 65 & over)
26-3	Drug-induced deaths

# Healthy California 2010 Progress Review: 2000-2005

Healthy People 2010 Objective		HP2010 Target Rate	Latest Statewide Rate	Latest Data Year	Objective Achieved ?-----										
					Statewide	Females	Males	AA/B	AI/AN	A/PI	Asian	NHOPI	H/L	WH	MULTI
1-1	Health insurance coverage	100.0	84.2	2003	No	No	No	No	No	No	No	No	No	No	No
1-9a	Pediatric asthma hospitalizations	17.3	12.1	2005	Yes	Yes	Yes	No	Yes	Yes	DNA	DNA	Yes	Yes	DNA
1-9b	Uncontrolled diabetes hospitalizations	5.4	5.5	2005	Yes	Yes	No	No	Yes	Yes	DNA	DNA	Yes	No	DNA
1-9c	Pneumonia & influenza hospitalizations (Ages 65+)	8.0	4.4	2005	Yes	Yes	Yes	Yes	DSU	Yes	DNA	DNA	Yes	Yes	DNA
2-10	Vertebral fracture hospitalizations (Ages 65+)	11.6	10.7	2005	Yes	No	Yes	Yes	DSU	Yes	DNA	DNA	Yes	No	DNA
3-1	All cancer deaths	159.9	160.6	2004	No	Yes	No	No	Yes	DCS	Yes	No	Yes	No	Yes
3-2	Lung cancer deaths	44.9	40.6	2004	Yes	Yes	No	No	Yes	DCS	Yes	No	Yes	No	Yes
3-3	Female breast cancer deaths	22.3	22.6	2004	No	No	----	No	DSU	DCS	Yes	DSU	Yes	No	DSU
3-4	Cervical cancer deaths	2.0	2.3	2004	No	No	----	No	DSU	DCS	No	DSU	No	Yes	DSU
3-5	Colorectal cancer deaths	13.9	15.5	2004	No	No	No	No	Yes	DCS	Yes	DSU	Yes	No	Yes
3-6	Oropharyngeal cancer deaths	2.7	2.4	2004	Yes	Yes	No	No	DSU	DCS	Yes	DSU	Yes	Yes	DSU
3-7	Prostate cancer deaths	28.8	22.4	2004	Yes	----	Yes	No	DSU	DCS	Yes	DSU	Yes	Yes	DSU
3-8	Melanoma cancer deaths	2.5	2.4	2004	Yes	Yes	No	DSU	DSU	DCS	DSU	IND	Yes	No	DSU
5-5	Diabetes-related deaths	45.0	82.3	2003	No	No	No	No	No	DCS	No	No	No	No	Yes
8-1a	Persons exposed to harmful air pollutants (O <sub>3</sub> )	0.0	92.8	2004	No	-----nonattainment areas in 35 counties-----									
8-1b	Persons exposed to harmful air pollutants (PM <sub>10</sub> )	0.0	57.2	2004	No	-----nonattainment areas in 15 counties-----									
8-1c	Persons exposed to harmful air pollutants (CO)	0.0	43.0	2004	No	-----nonattainment areas in 4 counties-----									
12-1	Coronary heart disease deaths	166.0	167.3	2004	Yes	Yes	No	No	Yes	DCS	Yes	No	Yes	No	Yes
12-6a	Congestive heart failure hospitalizations (Ages 65-74)	6.5	7.9	2005	No	No	No	No	Yes	Yes	DNA	DNA	No	No	DNA
12-6b	Congestive heart failure hospitalizations (Ages 75-84)	13.5	16.8	2005	No	No	No	No	Yes	Yes	DNA	DNA	No	No	DNA
12-6c	Congestive heart failure hospitalizations (Ages 85+)	26.5	29.9	2005	No	No	No	No	Yes	Yes	DNA	DNA	No	No	DNA
12-7	Stroke deaths	48.0	53.3	2004	No	No	No	No	Yes	DCS	Yes	No	Yes	No	Yes
13-14	HIV deaths	0.7	3.8	2004	No	No	No	No	DSU	DCS	Yes	DSU	No	No	DSU
14-17	Peptic ulcer hospitalizations	46.0	52.7	2005	No	Yes	No	No	Yes	No	DNA	DNA	No	No	DNA
15-1	Nonfatal head injury hospitalizations	54.0	70.8	2005	No	Yes	No	No	Yes	Yes	DNA	DNA	No	No	DNA
15-2	Nonfatal spinal cord injury hospitalizations	2.6	3.9	2005	No	Yes	No	No	DSU	Yes	DNA	DNA	No	No	DNA
15-3	Firearms-related deaths	4.1	9.1	2004	No	Yes	No	No	No	DCS	Yes	DSU	No	No	Yes
15-5	Nonfatal firearm-related injury hospitalizations via ER	8.6	12.4	2005	No	Yes	No	No	DSU	Yes	DNA	DNA	No	Yes	DNA
15-8	Poisoning deaths	1.5	9.4	2004	No	No	No	No	No	DCS	No	DSU	No	No	No
15-9	Suffocation deaths	3.0	3.5	2004	No	Yes	No	No	DSU	DCS	No	DSU	Yes	No	DSU
15-13	Unintentional injury deaths	17.5	29.7	2004	No	No	No	No	No	DCS	Yes	No	No	No	Yes
15-15a	Motor vehicle crash deaths	9.2	12.2	2004	No	Yes	No	No	Yes	DCS	Yes	DSU	No	No	Yes
15-16	Pedestrian deaths	1.0	2.1	2004	No	No	No	No	DSU	DCS	No	DSU	No	No	DSU
15-25	Residential fire deaths	0.2	0.6	2004	No	No	No	No	No	DCS	No	DSU	No	No	No
15-27	Fall-related deaths	3.0	4.5	2004	No	No	No	No	DSU	DCS	No	DSU	No	No	DSU
15-28a	Hip fracture hospitalizations (Females, Ages 65+)	491.0	740.5	2005	No	No	----	Yes	Yes	Yes	DNA	DNA	No	No	DNA
15-28b	Hip fracture hospitalizations (Males, Ages 65+)	450.5	405.3	2005	Yes	----	Yes	Yes	DSU	Yes	DNA	DNA	Yes	No	DNA
15-29	Drowning deaths	0.9	1.1	2004	No	Yes	No	No	DSU	DCS	No	No	Yes	No	DSU
15-32	Homicide deaths	3.0	6.7	2004	No	Yes	No	No	DSU	DCS	Yes	DSU	No	Yes	Yes

# Healthy California 2010 Progress Review: 2000-2005, cont'd.

Healthy People 2010 Objective		HP2010 Target Rate	Latest Statewide Rate	Latest Data Year	Objective Achieved ?-----										
					Statewide	Females	Males	AA/B	AI/AN	A/PI	Asian	NHOPI	H/L	WH	MULTI
16-1c	Infant deaths	4.5	5.3	2003	No	No	No	No	DSU	DCS	Yes	DSU	No	Yes	Yes
16-1f	Infant deaths due to birth defects	1.1	1.3	2003	No	No	No	No	DSU	DCS	Yes	DSU	No	Yes	DSU
16-1g	Infant deaths due to congenital heart & vascular defects	0.38	0.37	2003	Yes	Yes	No	DSU	DSU	DCS	No	DSU	No	Yes	DSU
16-1h	Infant deaths due to sudden infant death syndrome	0.25	0.32	2003	No	Yes	No	No	DSU	DCS	DSU	DSU	Yes	No	DSU
16-2a	Child deaths (Ages 1-4)	18.6	25.6	2004	No	No	No	No	DSU	DCS	No	DSU	No	No	DSU
16-2b	Child deaths (Ages 5-9)	12.3	12.9	2004	No	Yes	No	No	DSU	DCS	No	DSU	Yes	No	DSU
16-3a	Adolescent deaths (Ages 10-14)	16.8	15.1	2004	Yes	Yes	No	No	DSU	DCS	Yes	DSU	Yes	Yes	DSU
16-3b	Adolescent deaths (Ages 15-19)	39.8	56.5	2004	No	Yes	No	No	DSU	DCS	Yes	DSU	No	No	Yes
16-3c	Young adult deaths (Ages 20-24)	49.0	82.4	2004	No	Yes	No	No	DSU	DCS	Yes	DSU	No	Yes	No
16-4	Maternal deaths due to obstetric causes	3.3	11.7	2004	No	No	----	DSU	DSU	DCS	DSU	IND	No	DSU	IND
16-5a	Hospitalized labor & delivery complications	24.0	13.1	2005	Yes	----	----	Yes	Yes	Yes	DNA	DNA	Yes	Yes	DNA
16-6a	Early prenatal care	90.0	85.8	2005	No	----	----	No	No	DCS	No	No	No	No	No
16-9a	Primary Cesarean sections among low-risk births	15.0	26.3	2005	No	----	----	No	No	DCS	No	No	No	No	No
16-9b	Repeat Cesarean sections among low-risk births	63.0	94.2	2005	No	----	----	No	No	DCS	No	No	No	No	No
16-10a	Low birth weight births	5.0	6.9	2005	No	No	No	No	No	DCS	No	No	No	No	No
16-10b	Very low birth weight births	0.9	1.24	2005	No	No	No	No	No	DCS	No	No	No	No	No
16-11a	Preterm births (< 37 completed weeks gestation)	7.6	10.8	2005	No	No	No	No	No	DCS	No	No	No	No	No
16-11b	Preterm births (32-36 completed weeks gestation)	6.4	5.6	2005	Yes	Yes	Yes	No	Yes	DCS	Yes	Yes	Yes	Yes	Yes
16-11c	Very preterm births (< 32 completed weeks gestation)	1.1	1.7	2005	No	No	No	No	No	DCS	No	No	No	No	No
18-1	Suicide deaths	5.0	9.4	2004	No	Yes	No	No	DSU	DCS	No	DSU	Yes	No	No
24-1a	Asthma deaths (Ages Under 5)	1.0	DSU	2004	DSU	DSU	DSU	DSU	IND	DCS	DSU	IND	DSU	DSU	IND
24-1b	Asthma deaths (Ages 5-14)	1.0	DSU	2004	DSU	DSU	DSU	DSU	IND	DCS	DSU	IND	DSU	DSU	DSU
24-1c	Asthma deaths (Ages 15-34)	3.0	3.7	2004	No	DSU	No	DSU	DSU	DCS	DSU	IND	DSU	DSU	DSU
24-1d	Asthma deaths (Ages 35-64)	9.0	12.0	2004	No	No	No	No	DSU	DCS	DSU	IND	Yes	No	DSU
24-1e	Asthma deaths (Ages 65+)	60.0	56.9	2004	Yes	No	Yes	DSU	DSU	DCS	No	DSU	Yes	Yes	IND
24-2a	Asthma hospitalizations (Ages under 5)	25.0	24.6	2005	Yes	Yes	No	No	Yes	Yes	DNA	DNA	Yes	Yes	DNA
24-2b	Asthma hospitalizations (Ages 5-64)	8.0	6.7	2005	Yes	Yes	Yes	No	Yes	Yes	DNA	DNA	Yes	Yes	DNA
24-2c	Asthma hospitalizations (Ages 65+)	10.0	22.0	2005	No	No	No	No	Yes	No	DNA	DNA	No	No	DNA
24-10	Chronic obstructive pulmonary disease deaths	60.0	106.5	2004	No	No	No	No	No	DCS	Yes	DSU	Yes	No	Yes
26-2	Cirrhosis deaths	3.0	10.6	2004	No	No	No	No	No	DCS	No	DSU	No	No	DSU
26-3	Drug-induced deaths	1.0	10.2	2004	No	No	No	No	No	DCS	No	DSU	No	No	No

## NOTES:

<b>Yes</b>	Objective being achieved according to latest available data
No	Objective not currently being achieved according to latest available data
DSU	Data statistically unreliable (small number of events, RSE => 23%)
DNA	Data not available
DCS	Data compiled separately (for Asians and for Pacific Islanders)
----	Not applicable to this objective
IND	Indeterminant (based on zero reported events)

AA/B	African American/Black
AI/AN	American Indian/Alaska Native
A/PI	Asian/Pacific Islander
NHOPI	Native Hawaiian/Other Pacific Islander
H/L	Hispanic/Latino
WH	White
MULTI	Multiracial